

OVERCOME

Sermon: Overcome
Speaker: Mike Tatlock
Date: March 22, 2020

“The Light shines in the darkness, and the darkness has not overcome it.” John 1:5

Will the darkness overcome you or will you overcome the darkness?

Love & Lament

Love Guards:

Romans 8:35,37 Who shall separate us from the love of Christ? Shall trouble or hardship or persecution or famine or nakedness or danger or sword? No, in all these things we are *more than conquerors* through him who loved us.

Love is not the absence of trials...it is the power in which we overcome them

-Our trust in Him opens up more access to the resources God has for us

1 John 4:18 There is no fear in love. But perfect love drives out fear

The first plague that came into our world was sin
Romans 3:23 we have all sinned
Romans 5:8 God's demonstrated His love by stepping into our lives in the midst of our sin!

Lament Heals:

1 Peter 1:6 In all this you greatly rejoice, though now for a little while you may have had to suffer grief in all kinds of trials.

Lamenting is healthy for us!

Romans 12:15; John 11:4,11-13, 20-23, 33-35

Don't Mistake Faith with Fake: Faith means honesty, Fake ignores the truth of our circumstances

Psalm 42:9,11 David coaches himself! (and you can too!)

Questions

1. Do you feel like the darkness of these times is overcoming you? Or are you finding that your mind, your perspective, and your emotions are overcoming the darkness?
2. Are you experiencing the resourcing of God's love during this time? Are you having a hard time trusting Him? When have you experienced the truth of 1 John 4:18?
3. Do you find yourself relating more to the downward trajectory of unhealthy grief? How are you experiencing/choosing healthy lamenting?
4. How can others support YOU most during this time?
5. What are you grieving? Now walk through the exercise Mike encouraged in those areas of grief.

Practical steps:

Replace "I blame you for" with "I thank you for"

Replace "Only when" with "Even When"